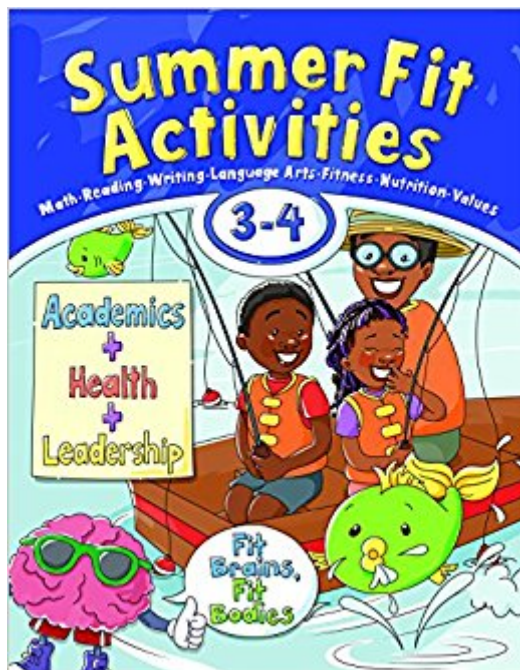


The book was found

# Summer Fit, Third - Fourth Grade



## Synopsis

Summer Fit Activities Third - Fourth Grade is an engaging workbook that helps children learn and grow over the summer. It contains three different foundation pieces for child success: academics, health, and ethics with the study of role models including Nelson Mandela, Abe Lincoln and Kartick Satyanarayan from Wildlife SOS. Summer Fit Activities makes learning fun with colorful illustrations, family activities, fitness logs and incentive calendars. Summer Fit is easy to use for parents, caregivers and grandparents to guide and follow along as their child's progresses throughout the summer. Daily lessons in academics and fitness are designed with a self-motivating incentive contract calendar program to help encourage guide and reward children to complete their work. Summer Fit Activities uses an integrated approach to summer learning that includes all basic skills and focuses on non-cognitive and cognitive development. \* Daily lessons in reading, writing, math, language arts, science and geography \* Supports National Standards \* Promotes Whole Child Learning \* Daily Fitness Program \* Summer Journaling \* Summer Reading Program \* Healthy Eating and Nutrition Section \* Builds Confidence, Self Esteem, Empathy and Leadership \* Reviews and Previews Grade Levels \* Weekly Core Values reinforce positive social skills and behavior \* Free online resources extend summer learning experience

## Book Information

Paperback: 176 pages

Publisher: Active Planet Kids, Inc; Act Csm edition (April 18, 2017)

Language: English

ISBN-10: 0998290246

ISBN-13: 978-0998290249

Product Dimensions: 8.3 x 0.6 x 10.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 4 customer reviews

Best Sellers Rank: #733,534 in Books (See Top 100 in Books) #95 in Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #157 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #4006 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > School

Age Range: 8 - 9 years

Grade Level: 3 - 4

## Customer Reviews

Active Planet Kids (APK) is an Active Lifestyle and Educational company that focuses on both cognitive and non-cognitive development to create a whole child learning experiences. APK products and resources help parents and children build healthy lifestyles, leadership and social responsibility as part of their overall academic success. Kelly Terrill is an educator and mother of seven who knows what it takes to challenge her children to strive for their unique, personal best. Balancing her life as an educator and mother Terrill is well organized, disciplined and committed to making a positive impact on her students/children. Kelly received her degree in education from the University of Utah and went on to work in Special Education and after-school programs before settling into her role as active parent and educator.

We try to keep the kids active with their lessons throughout the summer so they don't lose all of what they learned through the school year. This book is great because it is very well rounded from the lessons, to fitness and morals. The daily expectations is one page front and back and also has a reward that they can assign to themselves (worked out with mom & dad of course) so when they accomplish 10 days they earn the reward agreed upon. Very nice summer workbook.

I have used this series for many years with all five of my children. I love it! It keeps their minds sharp for when they return back to school, and I love how it incorporates exercise, healthy eating, and morals that they can include in all aspects of their lives. I highly recommend the series!

It's excellent book , it has good practice for them to do during the summer love how they reinforce about fitness and good eating habits. It's great!

Great book

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Fitness, Nutrition and Values Summer Fit, Sixth - Seventh Grade Summer Fit Kindergarten to First Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit, Kindergarten - First Grade Summer Fit Seventh to Eighth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Love, One Summer in Bath: A Regency Romance Summer Collection: 8 Delightful Regency Summer Stories (Regency Romance Collections Book 4) Coaching Elementary Soccer: The easy, fun way to coach soccer for 6-year-olds, 7-year-olds, 8-year-olds, 9-year-olds, and 10-year-olds (kindergarten, first-grade, second-grade, and third-grade) Fearlessly Fit at Home: Your Personal Guide to Getting Fit Super Fit Mama: Stay Fit During Pregnancy and Get Your Body Back after Baby 7 Secrets a Fit Mama Used to Lose the Baby Weight: Things you need to know that "they" don't tell you (Fit Mamas Rock Book Series 1) Get Fit, Stay Fit Get Fit Now For High School Basketball: The Complete Guide for Ultimate Performance (Get Fit Now for High School Sports) Hello 4th Grade: Emoji Composition Notebooks Fourth Grade Boys (Back To School Composition Notebooks)(8.5 x 11)

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